

P07\_7\_2020\_ The Sixteen Truths of Ifá:  
Truth (15): The Orisa Live Within Us! Part I (July 2025 Release)

Alafia Brothers and Sisters!  
*Orí ire fun owo!* (Good Tidings to you!)

I pray that you are feeling awake, aware, and elevated in mind, body, and spirit, wherever you are, and whatever may be happening around you! *Àṣẹ o!*

If you are striving to change your life by following the guidance of your ancestors, then you are in the right place. This is where we break things down to help you to expand your mind into the wisdom of the *Ifá* Spiritual Tradition of Ancestor and *Òrìṣà* Worship. And I am grateful for your presence on this Channel with me!

*Itesiwaju ati Isokan!* (Progress and Peace!)

Everything we share here is intended to assist you in making progress and finding peace and success in your life. Your goal, our goal is consistent progress, our target is perfection! We all just need to do the best we can, with the knowledge that we have, to address any circumstance or condition that we face on our life journey, one day at a time.

*Àṣẹ! Àṣẹ! Àṣẹ o!*

Homage to The One Who Sends, and to those who are sent!  
Homage to *Òrìṣà* and *Egun!*

If you are new to these video lessons, I'm Baba Umar, Oluranse Emese, (Voice of the Emese), Member of the *Isoro* Traditional Council of Chiefs in Ile-Ife, Nigeria, *Olúwo* of the House of Umar, and *Babaláwo* of Ile Awo *Òrìṣà* (the House of the Mysteries of the *Òrìṣàs*). You can learn more about the *Emese* and the *Isoro* Council in the description section below and on our website.

Our topic in this video is: The Sixteen Truths of Ifá: Truth (15): The *Òrìṣà* Live Within Us! Part I

On this day, like so many others in years past, the world is in chaos. Today, the institutional structures of nations and communities are being tested. In recent years, a global Pandemic, on top of everything else that was wrong with our husbandry of the planet, turned much of the world upside down as major disruptions, challenges, and obstacles swept across the globe like a tornado. Both because of the characteristics of COVID-19 itself, and because of a failure of leadership in many places, too many lives have been lost; economies and businesses have been constrained to the point of near collapse, and complete collapse in some cases. The mental and physical wellbeing of billions of people is being threatened, with no immediate end in sight, as the virus seeks to reassert itself along with other life-threatening diseases. The human appetite for hostility, violence, and war seems to be insatiable.

These same conditions are also facilitating a global rise in consciousness, an awakening. And, without doubt, there will follow an eventual transformation as predicted in the Sacred *Odù Ifá* regarding the shift into the 5<sup>th</sup> Stage of Creation. A bright light has now been turned onto the

dark secrets of global economic and political imbalances, and on the ugly face of racial injustice and inequality. Old and young alike have experienced the face of pain, fear, hatred, frustration, and desperation. Things may appear to go back to 'the way they used to be', but it is a fact, 'There is no going back!' 'Life before the Pandemic' cannot exist again. As we say,

*Eyi ojó bẹ̀kọ̀ lai wá tún!*

This day will never come again!

*Eyi Iṣẹju kan bẹ̀kọ̀ lai kà!*

This moment will never repeat!

Some may wish to go back to sleep but the thunder of this present storm will not relent. Too much emotional energy and mental clarity has been driven to the surface. The masses of people are beginning to realize that many things will and must change. The change is not just about social and economic justice, but also about our relationship to *Iya Ile* (Mother Earth). This is the process of *Isoki* (contrast, contraction), *Isopo* (connectivity, interconnectedness), and *Itẹlọ* (expansion), the Spiritual Laws of the *L'ọja*, operating in overdrive.

That brings us to the questions of:

- *Who will be making the necessary changes?*
- *How will those changes come about?*

It is certain that the answer to these questions is YOU! The 'you' that will be engaged in the process of change, revolutionary change, will not be the same 'you' that you were in the past. It will be a more enlightened, more aware, and more powerful you, operating at a higher energetic frequency.

Some seeds and creatures can lay dormant in the earth for months, years, even decades, and then one day they emerge into the world once again (like the millions of cicadas that recently emerged across the U.S. after almost two decades of dormancy). You and I are like that! We have talents, skills, abilities, gifts, and powers that may lay dormant for years and decades, and then, in the right season, in the right environment, under the right circumstances we emerge like a butterfly from its chrysalis, able to do things that we could hardly imagine doing before.

- *Could this period that you and I are living in, this experience that you and I are sharing, be the very conditions for your and my transformation into a people who can love and care for an entire world?*

Changed and evolved because we see, we choose (*sha*) to see (*ri, ori*), hence *orisha*, to choose to see. Transformed because of what we see more clearly and what we choose to do about it.

At the top of each of the pages of the *Ile Awo Òrìṣà* website are links to the brief descriptions and prayers to the *Ipele Akọkọ* (Primary) *Òrìṣà* in the Ifa Spiritual Tradition of Ancestor and *Òrìṣà* Worship. When we think about the characteristics, domains, and powers of the various *Òrìṣà* we need to see both sides of the idea of *Òrìṣà*. On the one hand, for many of us, social conditioning has instructed us to put 'spirit' outside of ourselves. The spiritual entities, *Olódùmarè*, *Òrìṣà*, and

the *Irunmole* are ‘out there’ somewhere. Yes! The *Òrìṣà* are Sentient Energetic Entities that are a matrix of possibilities held in the Universal Consciousness (*Orí*) of the *Àṣẹ, Olódùmarè*. Their presence and responsiveness can be felt as something ‘real’ as far as the mind can assess. Yet, the external, objective reality, the substantive reality of the energies that we call *Òrìṣà* is only one part of the idea of *Òrìṣà*.

The broad complex of characteristics, domains, and powers of the various *Òrìṣà* also represent the latent and dormant potentials that are the *Ogun Ibi* (birthright) of every human being. Hence,

Truth (15), The *Òrìṣà* Live Within Us! (*Òrìṣà ye ninu wa! / Òrìṣà wa ninu wa!*)

The importance of this Truth of *Ifá* cannot be overstated. Look at the present condition of the world! The *L’oja* is out of balance! What the *Òrìṣà* have been charged with, the responsibility to orchestrate and protect, is under assault. All of *Iya Ile*’s (Mother Earth’s) children, in all the kingdoms, are suffering because of the ignorance and arrogance of man. *Ifá* speaks of a time like this and about what would happen. Many of us knew that a time like this was coming. Decades ago, *Iya Oya* spoke these words to my *Orí*,

*“When men become arrogant in their ways, I breathe on their world.”*

My *Iyawo* (wife) put these words on two quilts that hang in our *Ile* and in our living room. The words are imbedded in my heart, and I have watched things unfold as man has become more and more arrogant in his ways. These words also echo the *Ese Ifá* that was given to me by the *Isoro* Council when I questioned them about the subject of the Return of the *Òrìṣà* (*Itunde Òrìṣà!*).

Do you remember this *Ifá* Saying that I shared in our last lesson?

*Awe ati Ebo ni muni ri bi Òrìṣà!*

Fasting and Rituals transform you into the image of *Òrìṣà*!

Now, think about that saying in the context of Truth (15):

*Òrìṣà ye ninu wa!*

The *Òrìṣà* Live Within Us!

And then, consider the possible implications of:

*Itunde Òrìṣà!*

The return of the *Òrìṣà*!

*Can you put the pieces together? Can you see what I see?* The prophetic nature of *Iya Oya*’s words is being revealed in this day and time, when man’s arrogance has ruptured all pretense of peace.

If not, don’t worry! We’ll look at it together in our next video lesson, Truth (15): The *Òrìṣà* Live Within Us! Part II. We’ll discuss what the *Ese Ifá* says about *Itunde Òrìṣà* and what all of this could mean for you and me.

Brothers and Sisters, if you appreciate the wisdom that we share on this channel please help us to expand our reach and grow our audience by Subscribing, clicking that LIKE button, leaving your comments and questions below, and sharing this channel with others.

Let's work together to help our YouTube *Egbe*, our spiritual family grow to 5000 or more subscribers by this time next year.

Also don't forget to please contribute to our GoFundMe Campaign for the **Ifá Temples and Shrines Restoration Project** at <https://gofund.me/d3fc5705>. Information is posted in the Updates section of the website and in the Description section of this video below.

Thank you again for being a part of this spiritual family. I love and appreciate each of you!

*Ki Olódùmarè, Òrìṣà, ati Egun fifun e ni*  
*Itona, Imoye, ati Opo Ire!*  
May Olódùmarè, Òrìṣà, and Egun bestow on you,  
Guidance, Wisdom, and Abundant Blessings!

*Ifokanbale!* Peace of Mind from Olódùmarè!  
*Alafia ati Ife!* Peace and Love!  
*Ajolo Ajobo!* We go out together; We return together!  
*Àṣẹ! Àṣẹ! Àṣẹ o!*